

# A PROUD Path To Recovery



## We are here for you

The PROUD (Parents Recovering from Opioid and Other Use Disorders) program is here to offer support and family centered treatment to pregnant and postpartum women, in all stages of substance use recovery. With services in your community, you can get the help you need.

- PROUD program staff use a holistic model that includes clinical, case management, and peer based approaches to recovery.
- Program services are flexible, with in-home and telehealth treatment options.
- Treatment and support is personalized for every mother and her family.
- PROUD program staff will create Family Care Plans with expectant mothers.

**PROUD program services are offered through Midwestern Connecticut Council of Alcoholism (MCCA) and Wheeler to women living in:**

- Greater Hartford, Greater New Britain, Manchester, Middletown, Waterbury, & Willimantic  
Wheeler | Contact **860-418-7119**
- Greater New Haven & Bridgeport **MCCA** | Contact **203-285-6475 ext. 2501**

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Contact the PROUD program today and start your path to recovery.  
For more information, visit [portal.ct.gov/PROUD](https://portal.ct.gov/PROUD)

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