



**CHILD &
ADOLESCENT**



Child First™

HELPING CHILDREN THRIVE

Child First™ is a no-cost intensive, therapeutic home visiting program that works with caregivers and families to help address emotional, behavioral or developmental challenges, as well as learning problems in young children, prenatal to 5. This program includes a comprehensive assessment of child and family needs; observation and consultation in early care and education; caregiver-child mental health intervention; development of a child and family plan of care; and care coordination and case management. Interventions are designed to support the caregivers in their role as loving protector and promoter of healthy development of the child.

Families engaged in Child First™ are partners in the process right from the start. They work closely with a child development specialist who provides counseling and guidance to parents and children for strengthening healthy caregiver/child relationships, and a care coordinator who connects the entire family with community resources. The length of family involvement with the program varies and depends on the needs of the family.

Child First™ was developed in Connecticut through Bridgeport Hospital's Pediatric Primary Care Center. For more information about the model, visit: www.childfirst.org.

Child First™ aims to:

- Decrease family stressors that deter optimal child growth and development
- Connect families to natural supports to promote family health and wellness
- Promote relational health by nurturing parent-child attachment
- Support all family members in accessing comprehensive health care services
- Help parents learn to successfully navigate the services and systems that serve their families

The program accepts referrals directly. For more information, contact Kayla Carter, Child First Clinical Supervisor/Associate Director, 860.578.6343, or Kxcarter@wheelerhealth.org.

Location

One Hope Street
Bristol, CT 06010

Main Office/Mailing Address

91 Northwest Drive
Plainville, CT 06062

Funding Sources

Connecticut Department of Children and Families

Connecticut Office of Early Childhood

SERVING CHILDREN & FAMILIES IN:
Avon, Berlin, Bristol, Burlington, Canton, Cheshire, Farmington, Meriden, New Britain, Newington, Plainville, Plymouth, Rocky Hill, Simsbury, Southington, Wallingford, and Wethersfield.

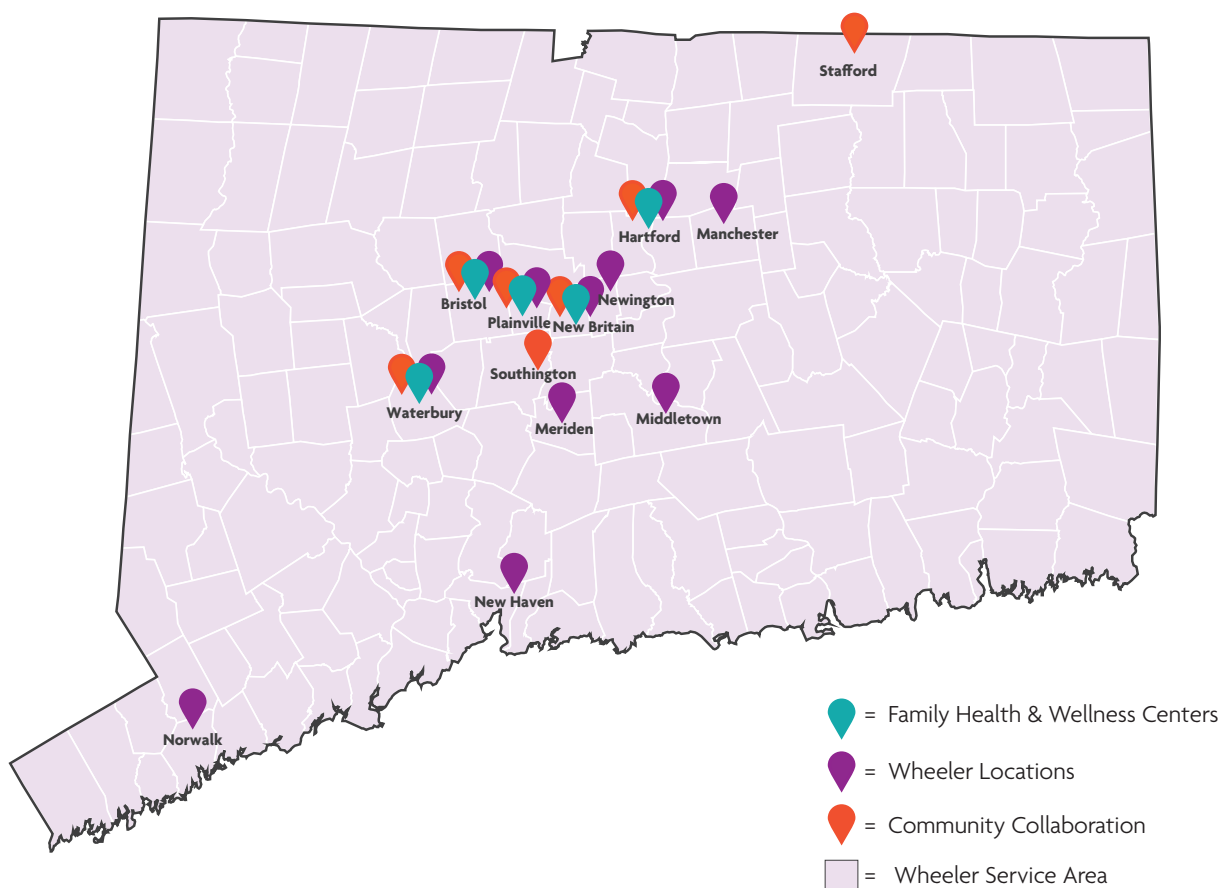
ABOUT WHEELER

Wheeler provides comprehensive solutions that address complex health issues, providing individuals, families and communities with accessible, innovative care that encourages recovery, health and growth at all stages of life. Our integrated approach to primary and behavioral health, education and recovery creates measurable results, positive outcomes and hopeful tomorrows for more than 70,000 individuals across Connecticut each year.

WHEELER'S CENTERS OF EXCELLENCE

- Driven by cutting-edge clinical innovation and use of evidence-based practices;
- Offers easy access to a comprehensive array of treatment and recovery support services that are culturally, gender, and age-responsive, trauma-informed, and build on individuals' strengths to foster resiliency and recovery;
- World-class customer care is provided in an integrated, coordinated fashion, ensuring continuity of care; and
- Partners with youth and families in yielding excellent outcomes and high client satisfaction.

SERVING OUR COMMUNITIES ACROSS CONNECTICUT:



For more information about Wheeler Health, please call 888.793.3500 or visit WheelerHealth.org

Licensed or approved by the Connecticut Department of Children and Families, the Connecticut Department of Public Health and the Connecticut State Department of Education, accredited by The Joint Commission.



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