



Wheeler  
Center of Excellence

CHILD &  
ADOLESCENT



# Multisystemic Therapy

SERVING YOUTH IN THEIR COMMUNITIES.

Multisystemic Therapy (MST) (CSSD) is a unique treatment program designed to serve youth ages 12-18, in their community. MST is the only family-focused, community-based treatment program that has been the focus of several major research studies and cited for clinical effectiveness. The program serves youth with complex emotional, social and academic needs, including chronic, violent, delinquent behavior and serious emotional issues; truancy; disrespect and disobedience; aggressive and criminal behavior; drug and alcohol problems and running away.

- MST therapists are available 24 hours a day, seven days a week
- Services are provided in the home, school, neighborhood and community
- Length of treatment averages three to five months
- Intensive treatment includes multiple contacts with family and other participants every week

## SERVING YOUTH AND THEIR FAMILIES IN:

**MST Hartford/New Britain** - Avon, Berlin, Bloomfield, Bristol, Burlington, Canton, East Granby, East Hartford, Farmington, Glastonbury, Granby, Hartford, New Britain, Newington, Plainville, Rocky Hill, Simsbury, Southington, West Hartford, Wethersfield, and Windsor

**MST New Haven** - Bethany, Branford, East Haven, Guilford, Hamden, Madison, Milford, New Haven, North Branford, North Haven, Orange, Wallingford, West Haven, Woodbridge

Youth and families are typically referred to this program by the court. For information, call:

### **MST New Haven**

203.970.5680

### **MST Hartford/New Britain**

475-222-6019

## Locations

43 Woodland Street  
Hartford, CT 06105

458 Grand Avenue  
New Haven, CT 06513

Main Office/Mailing Address  
91 Northwest Drive  
Plainville, CT 06062

## Funding Sources

Connecticut Department of  
Children and Families