



# Wheeler

COMMUNITY | HEALTH | CARE

## Parenting Education Program

EASING TRANSITIONS FOR PARENTS AND FAMILIES.

Life's transitions can be challenging, especially ones involving divorce or separation. Wheeler Clinic's Parenting Education Program (PEP) is designed for parents with active divorce, separation or custody cases in the Family Division of the Connecticut court system. The program educates parents about the many issues children face when the structure of the family changes. Wheeler Clinic has provided PEP services since the courts launched the program in 1995, serving more than 5,000 individuals.

The program consists of two, three-hour sessions, or one six-hour session on Saturday with an hour break available. The sessions help parents develop effective co-parenting skills during each of the child's developmental stages, as well as increase problem-solving skills, plan parenting time, and practice strategies for encouraging resilience in their child or children.

### OUR OUTCOMES

Since its inception, this program has:

- Decreased the negative impact that divorce, separation and conflict can have on children
- Increased parents' ability to effectively co-parent
- Helped parents build conflict resolution and co-parenting skills

### THIS PROGRAM IS OFFERED IN:

Plainville and Waterbury.

Individuals in this program are court-referred.

For information, call:  
860.929.7733

Payment in full is due prior to taking the class. We encourage you to pay online at: **[www.wheelerclinic.org/patients/payment](http://www.wheelerclinic.org/patients/payment)**. In-person payment is available at the time of your first group as well as at the front desks of our Health & Wellness Centers in New Britain, Waterbury, and Hartford.

Locations  
334 Farmington Avenue  
Plainville, CT 06062

326 Highland Avenue  
Waterbury, CT 06708

Main Office/Mailing Address  
91 Northwest Drive  
Plainville, CT 06062