Wheeler Center of Excellence | CHILD & ADOLESCENT

IN-HOME SERVICE

Multidimensional Family Therapy-OUD

MULTIPLE STRATEGIES FOR AT-RISK YOUTH.

The Multidimensional Family Therapy-Opioid Use Disorder (MDFT-OUD) program is an innovative and evidence-based, intensive in-home treatment program for adolescents and young adults, ages 12-21, presenting with opioid use disorder, complex behavioral health, or social and emotional challenges. The MDFT-OUD team provides clinical interventions and strategies, coupled with connecting the youth to services in the community, collaborating with internal and external providers such as court and probation, DCF, school staff, and medical providers, and addressing education or employment needs as needed.

The MDFT-OUD team supports clients by connecting them to Medication Assisted Treatment (MAT) services, including methadone, Suboxone, and Vivitrol. These services can be obtained through Wheeler's community health centers, or an outside provider.

The MDFT-OUD team works with the client and their family (or a significant identified person willing to do treatment with the youth/young adult) and has a strong clinical focus for the first 6-8 months of treatment including intensive sessions, and frequent check-ins. The following 6 months have a strong focus on Recovery Monitoring and Support (RMS). MDFT-OUD staff will assist in providing regular toxicology screenings and processing the results with the family to develop next steps such as treatment programs (if not already in place) or other community services/ modalities. MDFT-OUD staff will also connect the youth to pro-recovery peers, activities and meetings.

OUR PROGRAM

- Helps adolescents and young adults understand the connection between drug use, criminal behavior, and mental health
- Helps adolescents and young adults acquire skills that enhance positive peer relations, healthy self-esteem, connection to school or job and community activities, increased independence, and an emotional connection to family members
- Increases support network engagement by:
  - Helping families or other supportive individuals learn and apply skills that improve their relationship with their loved one
  - Increasing knowledge of successful parenting or relationship practices
  - Improving day-to-day and intimate communication
  - Providing crisis intervention 24 hours a day, 7 days a week

For information or to make an appointment:

BRISTOL
Amanda Skaats, LCSW
Program Manager,
MDFT-HYPE New Britain
860.310.7193

NEW HAVEN
Elizabeth Donofrio, LCSW
Program Manager
959.799.4177

Referrals can be completed by anyone concerned about a friend or family member and do not need to be DCF or probation involved.

Locations

One Hope Street, Bristol, CT 06010

458 Grand Avenue, New Haven, CT 06513

Main Office/Mailing Address
91 Northwest Drive, Plainville, CT 06062

Funding Sources Connecticut Department of Children and Families

WE SERVE YOUTH AND THEIR FAMILIES IN:

Bristol Office: Avon, Berlin, Bristol, Burlington, Canton, Farmington, Meriden, New Britain, Newington, Plainville, Plymouth, Rocky Hill, Simsbury, Southington, Terryville, Wallingford, and Wethersfield.

New Haven Office: Ansonia, Bethany, Branford, Derby, East Haven, Guilford, Hamden, Madison, Milford, New Haven, North Branford, North Haven, Orange, Seymour, Shelton, West Haven, and Woodbridge

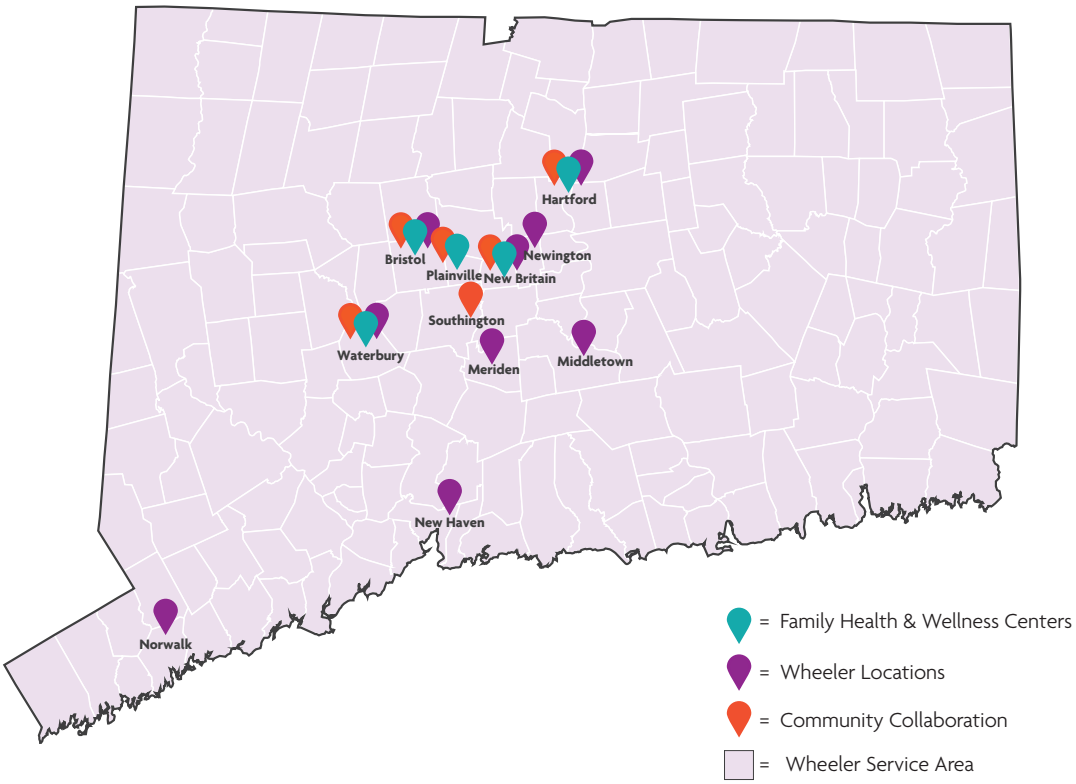
ABOUT WHEELER

Wheeler provides comprehensive solutions that address complex health issues, providing individuals, families and communities with accessible, innovative care that encourages recovery, health and growth at all stages of life. Our integrated approach to primary and behavioral health, education and recovery creates measurable results, positive outcomes and hopeful tomorrows for more than 70,000 individuals across Connecticut each year.

WHEELER'S CENTERS OF EXCELLENCE

- Driven by cutting-edge clinical innovation and use of evidence-based practices;
- Offers easy access to a comprehensive array of treatment and recovery support services that are culturally, gender, and age-responsive, trauma-informed, and build on individuals' strengths to foster resiliency and recovery;
- World-class customer care is provided in an integrated, coordinated fashion, ensuring continuity of care; and
- Partners with youth and families in yielding excellent outcomes and high client satisfaction.

SERVING OUR COMMUNITIES ACROSS CONNECTICUT:



For more information about Wheeler, please call 888.793.3500 or visit WheelerHealth.org

Licensed or approved by the Connecticut Department of Children and Families, the Connecticut Department of Public Health and the Connecticut State Department of Education, accredited by The Joint Commission.

Wheeler

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PRIMARY & BEHAVIORAL HEALTH EDUCATION EARLY CHILDHOOD PREVENTION & WELLNESS