Wheeler Center of Excellence | ADDICTION

IN-HOME SERVICE

Multidimensional Family Therapy (MDFT)

MULTIPLE STRATEGIES FOR AT-RISK YOUTH.

Multidimensional Family Therapy (MDFT) is an innovative and evidence-based intensive in-home program for youth ages 9-18 presenting with substance abuse issues, oppositional behaviors and family conflict. The MDFT team provides clinical interventions and strategies coupled with connecting the youth to services in the community, collaborating with internal and external providers, as well as addressing educational needs. The MDFT team works with the youth and families for approximately four to six months.

OUR PROGRAM

- Helps youth understand the connections between drug use, criminal behavior and mental health
- Helps youth to acquire skills that enhance positive peer relations, healthy self-esteem, connection to school and community activities, increased autonomy and an emotional connection to family members
- Increases parent and family member engagement by:
  - Helping families to learn and apply skills that improve the relationship with their child or sibling
  - Increase parental knowledge of successful parenting practices
  - Improving day-to-day and intimate communication
- MDFT also offers crisis intervention 24 hours a day, 7 days a week

WE SERVE YOUTH AND THEIR FAMILIES IN:

MDFT New Britain - Avon, Berlin, Bristol, Burlington, Canton, Farmington, Meriden, New Britain, Newington, Plainville, Plymouth, Rocky Hill, Simsbury, Southington, Terryville, Wethersfield

MDFT New Haven - Ansonia, Bethany, Branford, Derby, East Haven, Hamden, Madison, Milford, North Branford, New Haven, North Haven, Northford, Orange, Seymour, Guilford, Shelton, West Haven, Woodbridge

MDFT Waterbury - Danbury, New Fairfield, New Milford, Newtown, Redding, Ridgefield, Sherman, Barkhamsted, Bethlehem, Canaan, Colebrook, Cornwall, Goshen, Hartland, Harwinton, Kent, Litchfield, Morris, New Hartford, Norfolk, North Canaan, Roxbury, Salisbury, Sharon, Thomaston, Torrington, Warren, Washington, Watertown, and Winchester, Beacon Falls, Cheshire, Middlebury, Naugatuck, Oxford, Prospect, Southbury, Waterbury, Wolcott and Woodbury, Watertown, Wallingford, Bethel, Brookfield, Bridgewater, Roxbury.

For information or to make an appointment:

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Funding Sources

Connecticut Department of Children and Families

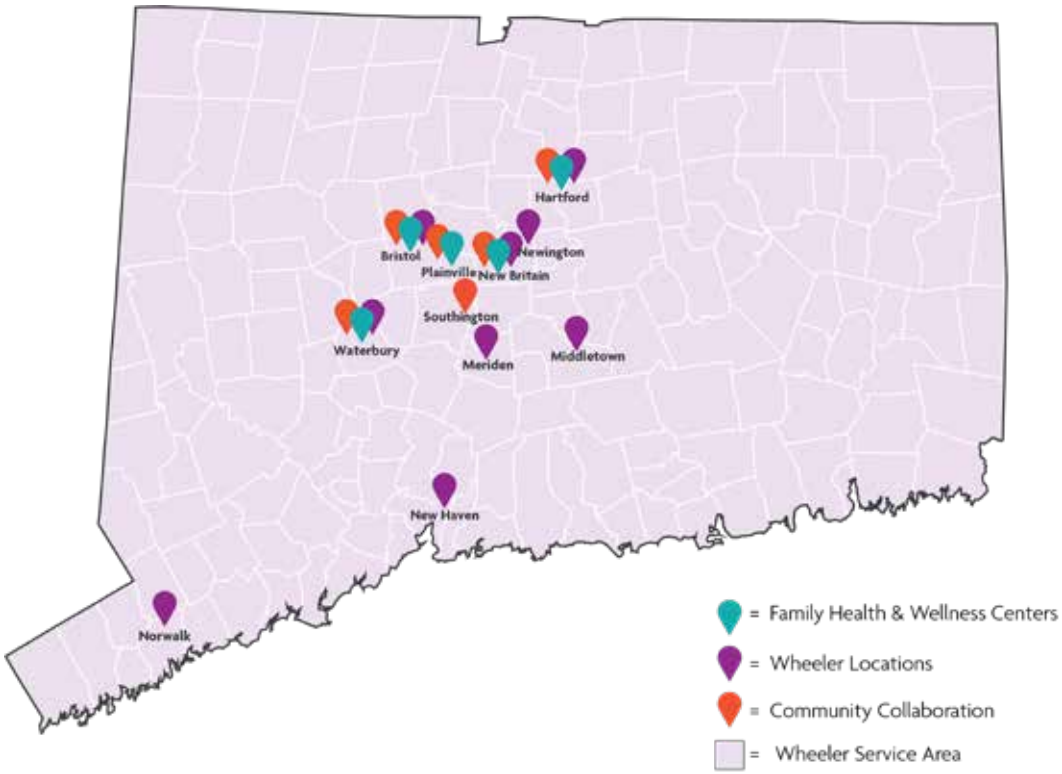
ABOUT WHEELER

Wheeler provides comprehensive solutions that address complex health issues, providing individuals, families and communities with accessible, innovative care that encourages recovery, health and growth at all stages of life. Our integrated approach to primary and behavioral health, education and recovery creates measurable results, positive outcomes and hopeful tomorrows for more than 70,000 individuals across Connecticut each year.

WHEELER'S CENTERS OF EXCELLENCE

- Driven by cutting-edge clinical innovation and use of evidence-based practices;
- Offers easy access to a comprehensive array of treatment and recovery support services that are culturally, gender, and age-responsive, trauma-informed, and build on individuals' strengths to foster resiliency and recovery;
- World-class customer care is provided in an integrated, coordinated fashion, ensuring continuity of care; and
- Partners with youth and families in yielding excellent outcomes and high client satisfaction.

SERVING OUR COMMUNITIES ACROSS CONNECTICUT:



For more information about Wheeler, please call 888.793.3500 or visit WheelerHealth.org

Licensed or approved by the Connecticut Department of Children and Families, the Connecticut Department of Public Health and the Connecticut State Department of Education, accredited by The Joint Commission.

Wheeler

COMMUNITY | HEALTH | CARE

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PRIMARY & BEHAVIORAL HEALTH EDUCATION EARLY CHILDHOOD PREVENTION & WELLNESS